

Welcome BTA members!



Dear Beaumont Teachers Association member,

We are proud to be the first partner in your Be Well Campaign and we look forward to working with many of you in the near future. Are you intrigued about the idea of getting one of the most complete workouts available? CrossFit not only gets you in the best physical shape of your life, it also builds your confidence, increases your happiness, and puts you in the best emotional state most of our members have ever been in. We would love for you to join us for a free complimentary 1 hour workout during any regular class time to see what we are all about.

Please take a moment to view our website, www.crossfitawaken.com, and receive more information regarding class times, package options, pricing, etc. CrossFit Awaken offers elite fitness training for a fraction of the costs of other personal training programs. Here's a comparison.

Local gyms in the area charge between \$30 and \$90 dollars per month just to walk in the door. In addition, a personal training session can be as much as \$60 dollars per hour. So, for a minimum of \$100 dollars per month you can walk into a gym and get one personal training session for one hour, which is barely enough time to even get warmed up in most gyms.

Or, for the same price, you can have twenty four classes per month with a certified CrossFit trainer (based upon a one year contract price). That's only a little more than \$4 dollars per class for a world-class, elite fitness program operated by a certified CrossFit trainer 100% of the time.

As a benefit for being a wonderful public servant and educator, we are excited to announce that Beaumont teachers will receive 10% off all of the listed package options pricing (excludes mandatory foundations). In addition, we would like to extend an offer to all Beaumont teachers who sign up for a one year contract prior to December 1, 2011 one free month of training! That's right; your first month is free! We appreciate what you do and want to extend our gratitude to you.

The journey to being CrossFit may not always be easy, but it is well worth it. We look forward to meeting all of you at the 'box' and for you to experience what CrossFit Awaken is all about.

Wake up your fitness!

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